**Visuals to support managing anxiety or difficult / new situations**

**Coming home by bus**

* **Stand at 57 bus stop, 4.20**
* **If bus is late, phone home**
* **Get on 57 bus**
* **Pay driver & sit down**
* **Watch for your stop**
* **Ring the bell in time**
* **Get off when bus stops**

In library sessions,
Read your book,
Stop at the marked page.

**Use flow charts to support students to think through a situation and decide on a good course of action:**

