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| **Big Problem**I don’t like this.I find this really hard.This scares me. | **Little Problem**This confuses me.This can worry me a bit. | **No Problem**I like this.I find this quite easy.I understand.I feel confident. |
| * Not knowing what comes next: “Because if it’s something I don’t like I need time to get ready for it”
* Spellings: “I’m not so good at spelling”
* PE: “I don’t like it, it’s hard”
* Losing: ”Makes me upset, I don’t like losing”
* Making mistakes: “Makes me feel dumb. Don’t like it”
* Leaving fish in my old class: “I don’t get to feed them. I get worried about them”
 | * Art: “Don’t like getting paint on me hands, very gooey”
* Lining up: “I sometimes go out of my line by accident. My brain sometimes makes me move” (he demonstrated stumbling)
* Holiday: “Because I go away from my friends and it’s a bit upsetting”
* Dinner Hall: “It gets noisy, I feel a bit like Venom in Spiderman. The noise hurts me”
 | * Reading
* History
* Computer
* Sitting on carpet: “I like it because I sit on the carpet at home”
* My school: “It’s really nice seeing my friends”
* Swimming
* Children in my new class
* The place I sit in my new class
* Having a quiet area to sit in
* Choose times: “It gives me a chance to calm down”
* Singing
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