|  |  |  |
| --- | --- | --- |
| **Big Problem**  I don’t like this.  I find this really hard.  This scares me. | **Little Problem**  This confuses me.  This can worry me a bit. | **No Problem**  I like this.  I find this quite easy.  I understand.  I feel confident. |
| * Not knowing what comes next: “Because if it’s something I don’t like I need time to get ready for it” * Spellings: “I’m not so good at spelling” * PE: “I don’t like it, it’s hard” * Losing: ”Makes me upset, I don’t like losing” * Making mistakes: “Makes me feel dumb. Don’t like it” * Leaving fish in my old class: “I don’t get to feed them. I get worried about them” | * Art: “Don’t like getting paint on me hands, very gooey” * Lining up: “I sometimes go out of my line by accident. My brain sometimes makes me move” (he demonstrated stumbling) * Holiday: “Because I go away from my friends and it’s a bit upsetting” * Dinner Hall: “It gets noisy, I feel a bit like Venom in Spiderman. The noise hurts me” | * Reading * History * Computer * Sitting on carpet: “I like it because I sit on the carpet at home” * My school: “It’s really nice seeing my friends” * Swimming * Children in my new class * The place I sit in my new class * Having a quiet area to sit in * Choose times: “It gives me a chance to calm down” * Singing |